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# Pink Shirt Day is on February 25

**Be kind to each other  
and speak out when you  
see bullying happening.**

Wear a pink shirt to promote healthy relationships and prevent bullying at home, school, in communities, online and the workplace.

**#PinkShirtDay**  
Bullying Helpline: 310-1818  
[alberta.ca/BullyingChat](http://alberta.ca/BullyingChat)  
Follow us @ABChildServices

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